

Sign up for EMERGENCY ALERTS!

We recently upgraded our regional and local public emergency alert systems for Bothell.

Subscribing to **Bothell ALERT** helps you stay informed about **regional** emergency situations, threats to public health and safety, and significant impacts to major infrastructure.

Subscribing to **Emergency Alert** helps you stay informed about **Bothell specific** emergency situations.

Features include messages sent by telephone, text, and email that are geographically-specific for areas you live, work, and play.

Register today! These services are **free** and you can update your profile anytime.

Register at: www.bothellwa.gov/preparedness

Remember in an earthquake to...



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City of Bothell™

Emergency Preparedness Guide

For Bothell Residents

September 2016

September is National Preparedness Month...

Would you be ready if there were an emergency?

National Preparedness Month is a time to prepare yourself and those in your care for emergencies and disasters, both large scale and smaller local events. We know that emergencies can happen unexpectedly in Bothell, to people like you. We've seen fires, floods, high winds, winter storms, and even water main breaks and power outages that can, and have, impacted our community for days at a time.

But, you are not helpless in the face of an emergency. With just a few simple steps, you can be prepared and ready to take action and, there's no better time than now!

Please use the information available in this booklet and online at www.bothellwa.gov/preparedness to help you and your family be prepared in the event of an emergency.

September is...
National Preparedness Month
Get a Kit, Make a Plan,
Be Informed and
Get Involved

Easy Steps You Can Take To Be Prepared

- Make or review your **Disaster Supply Kit** and replace water and food every six months.
- Practice **fire and earthquake drills**.
- Talk** to your family about disasters.
- Review** what you would do for different types of situations.
- Develop** a Family Communications Plan with an **out of area contact** as they may be in a better position to communicate among separated family members and be sure every member of your family **knows the phone number**.
- Plan places** where your family will meet, both within and outside of your immediate neighborhood.
- If you have a car, keep a **half tank of gas** in it at all times in case you need to evacuate. If you **do not have a car**, plan how you will leave if you have to.
- Learn how to care for your **pets** during a disaster. Many shelters will not take pets.
- Get an **All-Hazards Weather Radio**.
- Train each family member how and when to **turn off the utilities** – electricity, water and gas.
- Learn how to **“Shelter in Place.”**
- Check the batteries in your **smoke alarm** twice a year.
- Review your **insurance policies** to ensure you have adequate coverage.

Disaster Supplies Kit

After a disaster, local official and relief workers will be on the scene, but they cannot reach everyone immediately. Your family will cope best by preparing for a disaster before it strikes. One way to prepare is by assembling a Disaster Supplies Kit. When a disaster hits, you don't have time to shop or search for supplies, but if you have gathered them in advance your family can endure an evacuation or home confinement.

When preparing for a possible emergency situation, it's best to think first about the basics of survival: fresh water, food, clean air and warmth. Every family should have a portable Family Disaster Supply Kit which can be taken to your shelter area or brought with you in the event of an evacuation. Each family or individual's kit should be customized to meet specific needs, such as medications and infant formula. It should also be customized to include important family documents.

Recommended Supplies to Include in a Portable Kit

- Water**, amounts for portable kits will vary. Individuals should determine what amount they are able to both store comfortably outside the home and be able to transport to other locations
- Food**, at least a three-day supply of non-perishable food
- Battery-powered radio** and a NOAA Weather Radio with tone alert, and extra batteries
- Flashlight** and extra **batteries**
- First Aid kit**
- Blankets** or Sleeping Bags
- Whistle** to signal for help
- Dust mask** or cotton t-shirt, to help filter the air
- Moist towelettes** for sanitation
- Wrench** or **pliers** to turn off utilities
- Can opener** for food (if kit contains canned food)
- Plastic sheeting** and **duct tape** to shelter-in-place
- Unique family needs**, such as daily prescription medications, infant formula or diapers, and important family documents
- Garbage bags** and plastic ties for personal sanitation



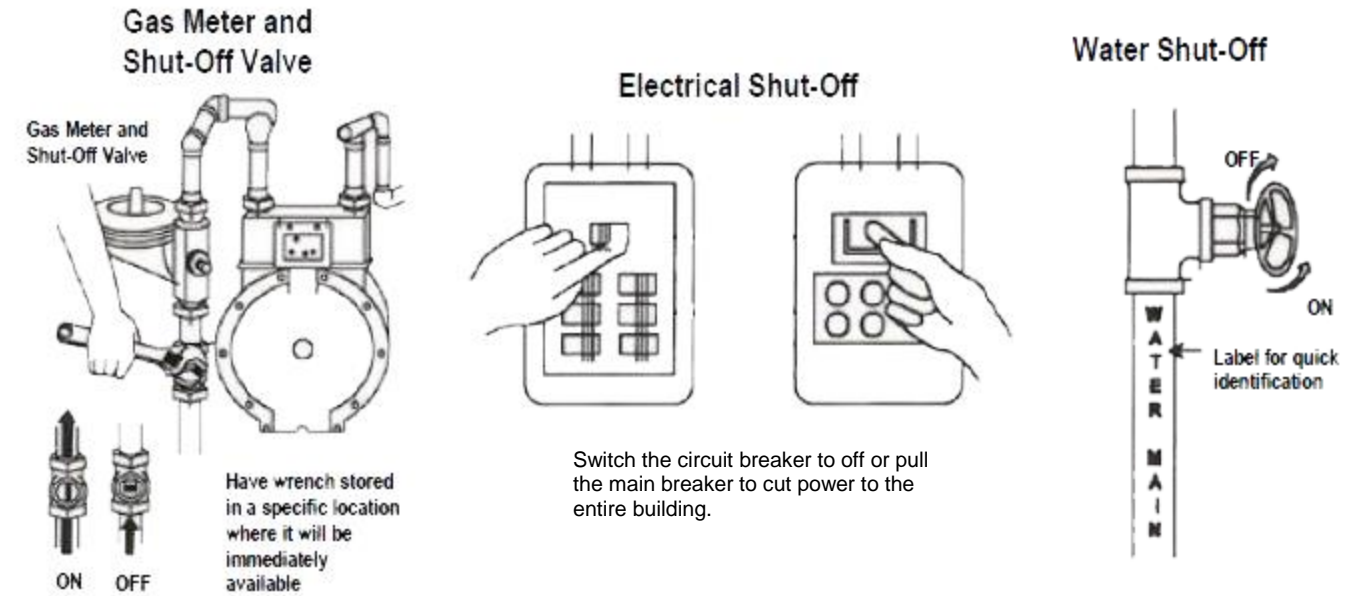
Other items to consider adding to your Supply Kit

- Emergency reference material such as a first aid book or a print out of this information
- Rain gear
- Mess kits, paper cups, plates and plastic utensils
- Cash or traveler's checks, change
- Paper towels
- Fire Extinguisher
- Tent
- Compass
- Matches in a waterproof container
- Signal flare
- Paper, pencil
- Medicine dropper
- Feminine supplies
- Personal hygiene items
- Disinfectant
- Unscented household chlorine bleach
- Pet Supplies



PLEASE NOTE: There are a variety of places where you can purchase pre-made disaster kits. In many instances, these kits can be easily personalized for your specific needs.

Emergency Utility Shut Offs



Bothell Fire and E.M.S. offers the **Community Emergency Response Team (CERT)** training to help the community prepare for a disaster. CERT trains participants in basic disaster response skills, including medical operations, fire safety, search and rescue, team organization, and disaster psychology. The next class will be offered in October 2016.

For more information, contact (425) 806-6106 or kirsten.clemens@bothellwa.gov.

Out of Area Phone Contact Cards

When a Disaster Strikes Know Your
OUT OF AREA PHONE CONTACT

Your Name: _____
 Your Address: _____

 Home Phone: (____) _____
 Work Phone: (____) _____

 Out-of-State Contact: _____
 Primary Phone: (____) _____
 Alternate Phone: (____) _____
 Email: _____

When a Disaster Strikes Know Your
OUT OF AREA PHONE CONTACT

Your Name: _____
 Your Address: _____

 Home Phone: (____) _____
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