

Get Training, Volunteer, and Help Others

Your community already has in place its most valuable asset in the case of emergency. That asset is you and the information that you possess to act and react to any given disaster that may occur. Government alone cannot always meet the immediate needs of citizens when catastrophic events occur; therefore, community involvement is vital.

Check on Your Neighbors

During storms and other emergency events, check on your neighbors or your relatives to see how they are doing, especially those with disabilities and senior citizens. If they are in need of services, contact your local Human Services Agency for assistance and services available.



Get Certified in CPR and First Aid



Another useful preparation includes learning some basic first aid. To enroll in a first aid and AED/CPR course, contact your local American Red Cross chapter. In an emergency situation, you need to tend to your own well-being first and then consider first aid for others immediately around you, including possibly assisting injured people to evacuate a building if necessary.

Volunteer

Your community also has in place active volunteers and organizations that stand ready to serve in the case of disasters. Many volunteer programs offer residents valuable emergency training and education to augment the services of first responders in the event of natural or man-made hazards, as well as aid residents in implementing their own emergency management plans.

The City of Bothell provides unique opportunities for residents to contribute to the safety and preparedness of our community and offers a host of personal rewards by:

- ★ Being directly involved in a national initiative supported by the President of the United States.
- ★ Joining a distinct group that trains and works with the City's most essential and well-respected emergency management personnel and organizations.
- ★ Learning valuable skills through a variety of training programs and exercises.
- ★ Participating in the fight against terrorism, crime and public safety threats.
- ★ Achieving a sense of pride in knowing you are making a difference in your community.



City of Bothell™

CITY OF BOTHELL – EMERGENCY PREPAREDNESS

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