

**FREE**

# Business Recycling Workshop

(for King County businesses outside of Seattle Only)

**FREE**



Recycle More. It's Easy To Do.

Reserve your place for this **FREE** workshop by contacting **Sabrina Combs** at [sabrina.combs@ci.bothell.wa.us](mailto:sabrina.combs@ci.bothell.wa.us) or **425.486.2768 x4406**.

**Wednesday, October 7**

**7:45am—Noon at Lytle House in Bothell**

- You can recycle AND cut costs!
- How recycling impacts climate change
- Conducting an internal waste audit
- Go after the low hanging fruit first
- Tour of local recycling centers

**Wednesday, October 21**

**7:45am—Noon at Lytle House in Bothell**

- Translating your waste audit into actual savings
- Calculating your business's carbon footprint
- How to start your recycling program
- Engaging employees and improving morale

## Presenters from Cascadia Consulting



### **Katie Atkins, Senior Associate**

Throughout the Northwest, Katie is known for her dynamic and engaging presentation style and is frequently sought after for trainings. She has over twelve years experience training businesses, property managers, students, and volunteers. Katie has trained staff, conducted waste audits, and provided technical assistance at facilities such as Children's Hospital, Regence, and the Seattle Art Institute on how to successfully and efficiently increase recycling and collect food scraps for composting. Katie has also taught workshops on topics ranging from composting yard and food waste, recycling, integrated pest management, the importance of water quality, reducing use of hazardous materials, and sustainability. For the last 10 years, Katie has been the lead trainer for King County's Master Recycler Composter program - an annual volunteer training.



### **Stephanie Terrell, Project Assistant**

Stephanie helps clients identify and put into place strategies that benefit the environment, the economy, and the community. Stephanie has six years of "inside experience" designing and launching waste prevention, recycling, and resource conservation programs at Bed, Bath, and Beyond, and for the King County Solid Waste Division. She is the main point of contact for businesses seeking to become more sustainable through Seattle Public Utilities' Resource Venture program. Stephanie is current with local businesses' needs: she answers questions from Seattle businesses, plans events, conducts on-site visits, uses recycling and carbon footprint tools, and develops online and print resources.



### **Dominique Gomez, Associate**

Dominique has extensive experience calculating carbon footprints for a variety of local businesses. This experience includes collecting relevant data on materials use, transportation, waste, and energy for Pagliacci Pizza's carbon footprint and assessing energy, water use, and transportation metrics for Seattle's Hotel Monaco. Dominique also led a carbon footprinting seminar with the Kansas City Chamber of Commerce to conduct carbon footprints for 40 Kansas City-area businesses.

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This **2 Day** event will be at the **Lytle House at Park at Bothell Landing** located at 9919 NE 180th St., Bothell, WA  
For more information visit: [www.ci.bothell.wa.us/CityServices/ParksAndRecreation/CommunityEvents.ashxp=1277](http://www.ci.bothell.wa.us/CityServices/ParksAndRecreation/CommunityEvents.ashxp=1277)

## Master Business Recycler (MBR) Training Application

To maximize the effectiveness of the program and cost savings potential for your individual business, please provide us with the following information:

**Business Name:** \_\_\_\_\_

**Attendee Name:** \_\_\_\_\_

**Street Address:** \_\_\_\_\_

**Title:** \_\_\_\_\_

**City:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Zip:** \_\_\_\_\_

**E-Mail:** \_\_\_\_\_

**Number of employees in your business:** \_\_\_\_\_

Are there specific recycling and/or waste prevention areas about which you would like to learn more? Please check all that apply:

### Waste Prevention

- Paper use reduction
- Junk mail reduction
- Supply reuse programs
- Hazardous waste prevention
- Durable dishware in the office
- Teaming with vendors/suppliers
- Green meetings

### Recycling

- Paper/cardboard
- Plastics
- Metals
- Glass
- Food Scraps
- Batteries/electronics

**Other:** \_\_\_\_\_

How did you hear about this program?

- King County Website     City of Bothell Website     Newspaper     Mailer

Other: \_\_\_\_\_